

SFRC New Racer Workshop

21 November 2013



# Why Go Racing?

- Fun
- Improve riding skills
- Community
- Improve knowledge of motorcycle mechanics
- To “win”

# Basics

- Prep your bike
  - Safety-wire, tires, oil-change, brake pads and fluid, water-wetter, bodywork
- Get your gear
  - Helmet, one-vs-two-piece suits, gloves, boots, back protector
- Earn your license
  - New Rider School – Friday before 1<sup>st</sup> wknd
  - Also offered mid-season
- Race!

# How Much Will It Cost?

- First year
  - \$3200 to \$7700, plus the bike, if you need gear
  - \$2500 to \$5000, plus the bike, if you already have gear
- Later years:
  - \$3k+

*There are ways to make racing cheaper!*

# Common Mistakes

- Running out of time
- Running out of money

**Don't be a “frame painter”!**

*A raceable bike today is better than a perfect bike tomorrow*

# “Levels” of bike preparation

## 1. Legal

- safety wiring, bellypan, numbers

## 2. Chassis improvements

- shocks, brakes, tires, gearing

## 3. Engine improvements

- pipe, jets/mappings, cams, etc.

*Buying a prepped bike is usually the easiest path to the track!*

# Common Mistakes

- Running out of time
- Running out of money
- Not asking for help – macho factor
- “Information Overload”
- Thinking your bike is the most important part of fast riding and winning races
  - It's not! You are!
  - Riding skill, racing skill, consistency, mindset

# Parts/Service Resources

-These local vendors support racers -  
Please support them!

- Cheshire Motorsports
- Vicious Cycles
- Bridge City Cycles
- Dr. Brown
- EDR
- Motocorsa
- Cycletune

....and more!



# Riding Resources

-Build skills/speed during track days with local groups:

- 2Fast (OMRRA Title Sponsor)
- Pacific Super Sport Riders (PSSR)
- MotoFit Group
- MotoCorsa
- Etc.

# Information Resources

- OMRRA Facebook page
- OMRRA forum
- Email groups
- Registration/membership-Lori omrrainfo@gmail.com
- **OTHER RACERS!!!**
- **Info@sang-froidridingclub.com**